



## WATERFORD COVID 19 NORMS

### Healthy habits:

- Regularly wash and sanitise hands
- Bring your own drink bottle and fill up at the drink taps. Drink fountains are disabled.
- Wash your hands after every lunchtime and recess' – hand sanitiser will be available on entry into every class and should be used at the start of each class
- Using spray and paper towel, clean your desk and chair at the end of every lesson
- Sneeze and cough into your elbow and wash or sanitise hands immediately after
  - If you start to feel unwell at school, go to sick-bay immediately.

### Social distancing habits:

- Provide the 1.5m distancing with all College staff
- Allow yourself extra time at lockers to give other students space, be patient
  - Aim to social distance among your friendship group and other students
- When using stairs and corridors, be mindful of the space around you and College staff
  - Do not shake hands with other people
  - It is important to adhere to the Hands Off Rule at this time

### Keeping everyone safe and healthy:

- Do not come to school if you are unwell and have any cold and flu symptoms
  - Continually practice healthy social distancing habits
- Aim for 'cut the wrap' by not bringing rubbish to school. Or at minimum look after your own rubbish by disposing of it in bins straight away

**Be Respectful, Responsible, Kind, Resilient and Positive**

