

# WOMEN'S & GIRLS OPEN EVENT

**Saturday 23 March**

**10:00am - 2:00pm**

An invitation to all women and girls!

Explore and play in our world class facility, utilise the Trackman Golf Simulators, the Wellputt putting green and The Conditioning Centre which includes the revolutionary Springys equipment.

Meet new people, have some fun and take home some prizes and giveaways.

We look forward to seeing you there and don't forget to bring your friends!

Activities on the day include:

- How to hit a ball - with Brad Lamb founder and experienced Golf Professional
- Fitness with Martine Dennis, founder of Springys and qualified Exercise Physiologist
- Putting competition
- Light refreshments
- Prizes and giveaways

For more information call 5222 1418 or email [hello@thegolfinstitute.com.au](mailto:hello@thegolfinstitute.com.au)

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The Golf Institute