PARENT & CARERS



AUDIENCE Parents & Carers TIME & DURATION 75 minutes FORMAT Online Webinar

ABOUT THIS WORKSHOP

This Connected Parenting webinar with educator and parenting expert, **Lael Stone**, offers a valuable set of **tools for parents/carers** aiming to raise children through **positive communication**.

Presented to you and other schools, parents/carers will leave this session with:



Practical strategies to build cooperation and stronger connections with children.



Ideas to support children when they are facing adversity.



Ways to assist children in building emotional resilience.



Tips to deal with our own triggers as parents or carers.

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